

# C.P.R. INSTITUTE OF INDOLOGICAL RESEARCH

cordially invites you to a lecture demonstration on

## YANTRA, MANTRA, TANTRA AND NATYA

by

### Dr. Padmaja Suresh

*Director, Aatmalaya Academy, Bangalore*

on **Saturday, March 4, 2017, 10.30 a.m.**  
at **The C.P. Ramaswami Aiyar Foundation,**  
1 Eldams Road, Alwarpet, Chennai – 600 018



Dr. Padmaja Suresh is a renowned Bharatanatyam dancer, teacher, researcher, social worker and choreographer. She is the disciple of Kalaimamani Guru K. Kalyanasundaram. A doctorate from Mysore University, Padmaja is imparting knowledge of dance through her institution - Aatmalaya. She also teaches lesser privileged and rural children. Dr Padmaja has performed at major dance festivals throughout the country, as in Konark, Khajuraho, Hampi, Dusserah and Uday Shankar Mahotsav, etc. She has visited many countries as a cultural ambassador delegated by the ICCR and others. Padmaja has penned articles in major news papers and journals. Some of her Titles and Awards include Karamveer Chakra, Rex Global Fellow, Bharatakala Sreshtha, Nartana Nipuna, Singara Mani, Kiran Achiever for National Women's Excellence, Inspired Indian and Extraordinary Citizen of the city. She is a member of examination board of CCRT, Jain Deemed

University [Dept of Humanities] and has been a module content writer for UGC's Dance Higher Education Project.